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Title: Flavor Retention Characteristics of Amorphous Solid Dispersion of Flavors, Prepared by Different Vacuum-Foam- and Spray-Drying Methods and under Different Conditions

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Running Title: AMORPHOUS SOLID DISPERSION OF FLAVORS

ABSTRACT

We investigated the powderization of flavoring substances, using an amorphous solid dispersion (ASD) technique, in which hydrophobic molecules are separately embedded in a water-soluble carrier matrix. Six flavors, five carrier forming materials (polyvinylpyrrolidone/ disaccharides), two solvents (methanol/ ethanol) and two drying methods (vacuum-foam-/ spray-drying) were employed. The drying conditions for the two drying processes were first examined, and under the optimal drying conditions, various flavor-carrier combinations and compositions of ASD samples were prepared and their flavor retention after drying and during storage under a vacuum were compared. Results demonstrated that flavor loss during drying and storage was minimized when the material was vacuum-foam-dried with polyvinylpyrrolidone. Vacuum-foam-drying in the presence of α -maltose or palatinose also resulted in a greater retention of flavor during drying and storage than a typical O/W emulsification-based powderization. These findings suggest that the ASD-based powderization of flavoring materials is a feasible alternative to the currently used produces.

Key words: flavor, amorphous solid dispersion, vacuum foam drying, spray drying, polyvinylpyrrolidone, disaccharide

1. Introduction

Flavoring substances, which are commercially commonly used in the food manufacturing industries, often are in a liquid oils form and it is necessary need to be converted them into a powdered form for easier of handling. The powderization of a flavoring oil is often achieved through the use of an O/W emulsification process using with surface active ingredients, followed by and subsequent drying in the presence of a wall material such as a carbohydrate and a protein.^[1-4] Many reviews have been published on the emulsification-based-powderization of oily materials have appeared,^[2,4,5,6] and further attempts additional efforts to improve the oil-powderization process have been reported.^[7-9]

The implementation of the emulsification-based-powderization of flavor oils is inevitably accompanied by intensive investigations of the product formulation and the conditions used for emulsification and drying.^[10,11] One possible strategy to reduce the trial-and-error labor required to obtain a commercially viable flavor powder product is to simplify the product formulation. Namely, when the powdered flavor product can be made only by a flavor and a carrier excipient component, the parameters associated with the product composition would be limited only to the concentrations of the flavor and carrier components; The points to be examined in the case of the drying process would be also reduced to only two components of concern.

One attempt to simplify the development of the flavor powder products involved the use of cyclodextrins.^[12,13] In this procedure, the flavor molecule is included in the hydrophobic cavity of the cyclodextrin molecule, which allows the use of a surface-active substance to be omitted. As an alternative approach to this issue, we employed utilized the amorphous solid dispersion (ASD) technique,^[14] that which is frequently used to fabricate mixtures of a hydrophobic drug and a carrier excipient at the molecular level in the pharmaceutical field.^[15-17] In the case of ASD-based flavor powderization,^[14] a disaccharide such as α -maltose or trehalose was amorphized by being dried from an aqueous solution. and It was then dissolved in methanol together with the flavoring substance, followed by drying under reduced pressure.^[18-20] The results demonstrated that a flavor substance (cinnamaldehyde) could be stably embedded in the methanol-dried amorphous sugar matrix.^[14] The yield in of this flavor powderization, namely, the

amount of flavoring oil encapsulated in the resulting ASD powder, was **higher** ~~greater~~ than that for powderization via O/W emulsification when **using** the appropriate types of sugar (α -maltose and trehalose) ~~were used~~ as a carrier matrix.^[14] Another unique aspect of ASD-based flavor powderization was that the flavor molecules were dispersed one by one throughout the matrix.^[14] This provides a novel function in which the flavor molecules are simultaneously released at the moment that the ASD preparation is dissolved in an aqueous system.

As the next step, in this study, we focused on the impact of the powderization (drying) conditions and types of carrier excipient on the yield of flavor encapsulation in the ASD preparation. Six types of flavoring substances were used, and two drying techniques, namely, vacuum-foam-**drying** and spray-dryings, were employed in this study. As a carrier forming material, polyvinylpyrrolidone (PVP), which is typically used for preparation of the ASD of hydrophobic drugs,^[15,21,22] and five types of disaccharides were used. We first investigated the drying conditions for the two drying methods. In the second step of this study, under the optimized drying conditions that were determined, flavor ASD experiments were conducted to compare the flavor encapsulation yields among the different ASD conditions, including the drying method, the type of carrier forming material and the solvent type. Based on the ~~obtained~~ findings **obtained**, the feasibility of **using** the ASD-based technique, as an alternative to powderizing flavoring substances, is discussed.

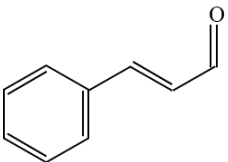
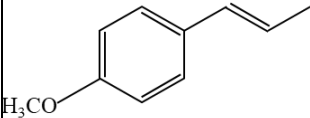
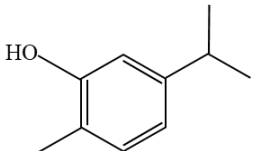
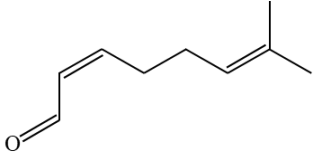
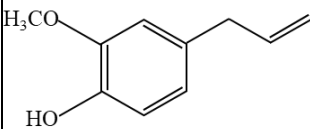
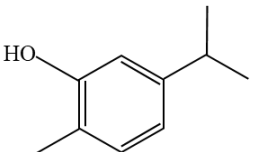
2. Materials and methods

2.1. Materials

Four types of disaccharides, α -maltose, palatinose, sucrose, and trehalose, which were products of FUJIFILM Wako Pure Chemical Co., (Osaka, Japan). These disaccharides were preliminarily amorphized before use by being freeze-dried and then thoroughly dehydrated following the same procedures as was used in our previous study.^[23] Polyvinylpyrrolidone (PVP) having MW of ~24,500 Da was purchased from Nacalai Tesque (Kyoto, Japan). Cinnamaldehyde, anethole, citral (FUJIFILM Wako Pure Chemical Co.), eugenol (Sigma-Aldrich Co., St. Louis, MO) carvacrol, raspberry ketone

(Tokyo Chemical Industry Co., Ltd., Tokyo, Japan) were used as flavoring components (Table 1). Methanol and ethanol were obtained from Nacalai Tesque (Kyoto, Japan). Ryoto sugar ester L-1695 (Mitsubishi Chemical Foods Co., Tokyo, Japan), composed of 80% sucrose mono- and 20% di- + tri-laurate, was used to emulsify and then powderize (spray-dry) the aqueous suspension of the flavor oil. All of these chemicals were reagent grade and were used without further purification.

Table 1. Flavoring substances used in this study. Their boiling points and vapor pressure are also listed. Wavelength values in square brackets represent those used to measure the absorbance of the flavoring substance in methanol.

Flavor (Cat. No.)	Structure	M.W.	Boiling point (°C)	Vapor pressure (Pa)
cinnamaldehyde (031-03453 ^a)		132.2 [285 nm]	248 ^d , 253 ^e	3.85 ^k
anethole (010-03982 ^a)		148.2 [258 nm]	234 ^f	6.66 ^l
carvacrol (C0026 ^b)		150.2 [275 nm]	237-238 ^g	6.4 ^m
citral (032-05982 ^a)		152.2 [238 nm]	229 ^h	12.2 ⁿ
eugenol (E51791 ^c)		164.2 [230 nm]	256 ⁱ	2.95 ^p , 3.9 ^m
raspberry ketone (H0604 ^b)		164.2 [278 nm]	292 ^j	0.0018 ^q

1 ^a FUJIFILM Wako Pure Chemical Co.; ^b Tokyo Chemical Industry Co., Ltd.; ^c Sigma-Aldrich
2 Co.; ^d Munde et al., 2021; ^e Lide, 1990; ^f Lide, 1994; ^g Merck Index, 1976; ^h Lide, 2005; ⁱ Widayat
3 et al., 2014; ^j Raspberry ketone MSDS (Chinese); ^k Perry & Green, 1984; ^l
4 <https://www.takasago.com/en/node/663>; ^m Ben Arfa et al., 2006; ⁿ van Roon et al., 2005; ^p
5 <https://haz-map.com/Agents/3697>; ^q Park et al., 2016.

7 *2.3. Preparation of Amorphous Solid Dispersions of Flavors*

9 A 10 mL portion of methanol (or alternatively ethanol), containing 10~30 wt% of the
10 flavoring substance, was added to a glass vial with carrier matrix-forming substance,
11 namely, a disaccharide (as mentioned above) or PVP, to give a final concentration of 100
12 mg/mL. The mixed solution of flavor and carrier forming material was vigorously
13 stirred with a vortex mixer for 2~3 minutes, and immediately thereafter, dried by either
14 of the two drying methods as described below.

15 (1) Vacuum-foam-drying: Twelve 100 μ L aliquots of the prepared flavor/carrier mixed
16 solution were transferred to polypropylene 1.5 mL tubes and subjected to an “Initial
17 drying” under reduced pressure (~2,000 Pa) with a centrifuge (3250 rpm, 473g) for 0~120
18 min. In the initial and secondary drying steps, a EYELA CVE-1010 centrifugal
19 concentrator (TOKYO RIKAKIKAI Co., Tokyo, Japan) connected to an ULVAC FDU-
20 1200 diaphragm type vacuum pump (ULVAC Japan, Ltd., Tokyo, Japan) were used, and
21 the temperature of the drying chamber was set to 30 \pm 1 $^{\circ}$ C. After terminating the initial
22 drying, the remaining sample solutions were punctured with a stainless steel needle
23 (needle stimulation),^[18,19] immediately followed by being dried again under the reduced
24 pressure (ca. 2,000 Pa) (Secondary drying). The solution did not foam during the initial
25 drying, and the stimulation of the remaining solution with the needle followed by the
26 restart of vacuum drying (secondary drying) induced the solution to foam, depending on
27 the initial drying conditions. The probability of inducing foaming by needle stimulation
28 under different conditions were determined as the ratio of the number of the foamed
29 aliquots to the total.^[18] In the secondary drying, the same centrifugal concentrating set
30 up as was used for the initial drying was used, but centrifugation was not applied because
31 centrifugation often serves to inhibit solution foaming.^[19]

32 (2) Spray-drying: The spray drying of the flavor/carrier solutions were conducted using
33 a Yamato ADL-311S spray-dryer (Yamato Scientific Co., Ltd., Tokyo, Japan). Namely,

34 the prepared flavor/carrier solution was introduced into the spray-dryer at the rate of
35 1.6~7.5 mL/min and sprayed from a two-fluid nozzle atomizer at an atomization gas
36 pressure of 0.1 MPa, followed by being dried by 0.68 m³/min downstream hot air. The
37 inlet temperature for the hot air was varied from 80~180°C and then fixed at 160°C, in
38 which the outlet temperature was 85±5°C. The spray-dried powders were separated
39 from the air by a glass cyclone and collected in a glass collection container.

40

41 *2.4. Flavor Oil Powderization via Drying of O/W Emulsion*

42

43 Alternatively, the flavor (cinnamaldehyde) oil, surfactant (Ryoto Sucrose ester L-
44 1695), and α -maltose were added to water at final concentrations of 10 mg/mL, 1 mg/mL,
45 and 100 mg/mL, respectively. The mixed solution was converted into an O/W-type
46 emulsion by homogenization at 10,000 rpm for 2 min using a Nissei Excel Auto-
47 homogenizer DX-4 (Nihonseiki Co., Tokyo, Japan). The resulting flavor oil-in-water
48 emulsion was spray-dried at an inlet air temperature of 120°C in the same manner as for
49 the ASD samples (2.3. (2)).

50

51 *2.5. Storage of Amorphous Solid Dispersions of Flavors*

52

53 The prepared ASD samples containing flavoring substances were stored over silica
54 gel at 30±2°C in a vacuum desiccator (~1 kPa). After appropriate storage, the amounts
55 of flavoring substance remaining in the samples were quantified as described below and
56 the storage stability of encapsulated flavor among the samples prepared under different
57 conditions was compared.

58

59 *2.6. Estimation of Flavor Retention in Amorphous Solid Dispersions*

60

61 The flavoring component retained in the ASDs of flavors and in the dried O/W
62 emulsion samples were quantified immediately after drying and after storage over silica
63 gel for 1~7 days in the same manner as was used in our previous study.^[14] In a typical
64 run, the sample to be analyzed was suspended in known volumes (1-5 mL) of methanol
65 to thoroughly extract the flavoring component, and the UV absorbance due to the flavor
66 in the methanol was then measured, followed by being converted into the remaining

67 amount of the flavor in the sample. The wavelengths for the measurements were 285
68 nm (cinnamaldehyde), 260 nm (anethole), 240 nm (citral), 235 nm (eugenol), 225 nm
69 (rasberry ketone), and 277.5 nm (carvacrol), respectively.

70

71 *2.7. Scanning Electron Microscopy*

72

73 The vacuum foam or spray dried amorphous solid dispersions of flavor were observed
74 by scanning electron microscopy (SEM) as was described in our previous study.^[30]
75 Namely, the ASD powder was fixed on the SEM sample stage with carbon double-sided
76 tape and then coated with a thin film (ca. 40 nm) by evaporating a Pt/Pd alloy using a
77 Hitachi E-1030 ion sputter instrument (Hitachi High-Technologies Co., Tokyo, Japan).
78 The SEM images of the ASD powders were collected using a KEYENCE VE9800
79 scanning electron microscope system (KEYENCE Co., Tokyo, Japan) at an accelerating
80 voltage of 15 kV.

81

82 *2.8. Differential scanning calorimetry*

83

84 A part of the prepared ASD samples (containing sucrose or trehalose as a carrier
85 forming material) were analyzed by a differential scanning calorimetry (DSC), in which
86 a TA Q2000 calorimeter (TA instruments Co., New Castle, DE) equipped with RCS90
87 cooling system (TA instruments Co.) was employed. Similar to the procedures used in
88 our previous study,^[31] a few mg of the ASD sample was packed in an aluminum pan and
89 then scanned from -50°C to 200°C at a rate of 10°C/min, with an empty pan as a reference.
90 From the obtained DSC thermogram, the exotherm heat due to the crystallization of
91 sucrose or trehalose was determined and, by comparing them with the heats of fusion, the
92 degrees of crystallization of the ASD sample were estimated.

93

94 **3. Results and Discussion**

95

96 3. 1. Optimal drying conditions for vacuum-foam- and spray-dryings

97

98 3.1. 1. Vacuum-foam-drying

99 As the name suggests, the foaming of a solution to be dried is essential for vacuum-
 100 foam-drying. Our previous study revealed that the timing of the needle stimulation after
 101 the initial drying was crucial for inducing the sample solution to foam at the secondary
 102 drying.^[18] Hence, we measured and compared the probability for foaming of the sample
 103 solution to be induced (foaming probability) among different initial drying periods (Fig.
 104 1(a)). When PVP was used as a carrier forming material (solid lines), the initial drying
 105 period where solution foaming was reliably induced appears to be shortened to around 30
 106 min, compared with that for a flavor-free methanol solution of PVP.^[18,19] On the other
 107 hand, in the case of disaccharides (dashed lines), foaming probability reaches
 108 approximately 100% at equal to and more than 60 min (Fig. 1(a)). The minimum initial
 109 drying period required for reliable foaming induction coincides with that for the flavor-
 110 free solution, as shown in Fig. 1(a). However, foaming probability occurs at a shorter
 111 induction period than that for a flavor-free solution (Fig. 1(a)). These findings indicate
 112 that the presence of a flavoring
 113 substance tends to reduce the
 114 time required for achieving
 115 initial drying for foaming to be
 116 induced. According to our
 117 previous study,^[19] the solution
 118 viscosity needs to be increased
 119 above a certain level for
 120 foaming to be induced by needle
 121 stimulation.^[14] Therefore, the
 122 flavoring substance
 123 (cinnamaldehyde) may serve to
 124 thicken the solution.

125 Flavor retention for
 126 different initial drying periods
 127 were determined for several
 128 combinations of flavor and
 129 carrier-forming material (Fig.
 130 1(b)). As shown in Fig. 1(b),
 131 the loss of flavoring

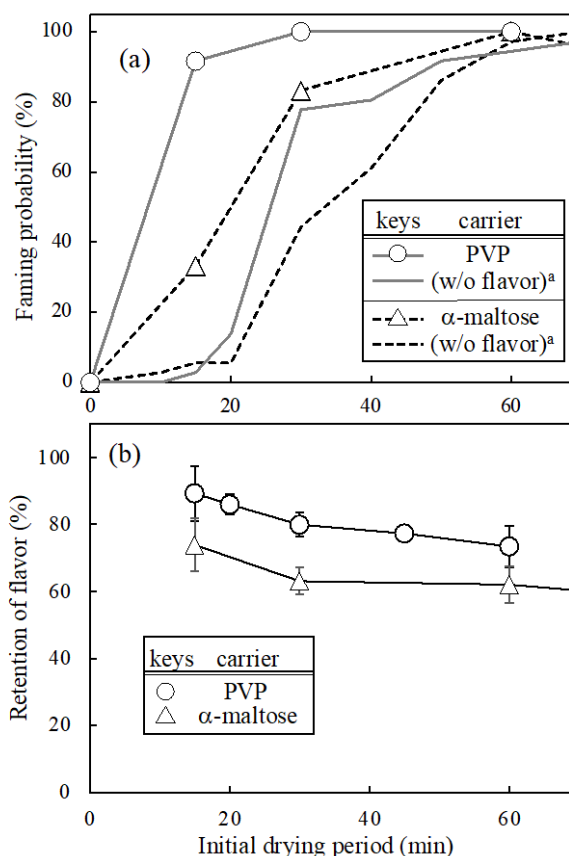


Figure 1. Probabilities of foaming induction by needle stimulation in secondary vacuum drying (a) and the retention of flavor after the secondary drying (b) as a function of the period of initial drying. Methanol and cinnamaldehyde were used as the solvent and the flavor. The initial concentrations of flavor and carrier forming material were 10 mg/mL and 100 mg/mL, respectively.

^aFujioka et al., 2022^[19]

132 (cinnamaldehyde) after vacuum-foam-drying becomes more significant with increasing
133 initial drying period. The α -maltose-based ASD sample showed a greater flavor loss
134 than that for the PVP-based sample, especially when the initial drying period was up to
135 15 min.

136 Since, as shown in Fig. 1(b), flavor loss proceeds with a prolonged initial drying
137 period, a shorter period of initial drying naturally is preferred in terms of the flavor
138 retention. Taking these findings into account and considering the range for the initial
139 drying period for achieving reliable foaming induction (Fig. 1(a)), the initial drying period
140 was fixed at 20 min for PVP and 60 min for disaccharides, respectively.

141

142 3.1.2. Spray drying

143 A spray-drying process inherently involves multiple process parameters including
144 inlet/outlet temperatures of the hot
145 air, feeding flow rate, hot air flow,
146 type/nozzle size of atomizer, as well
147 as other issues. We examined the
148 inlet temperature for hot air and the
149 feeding flow rate. Figures 2(a)
150 and (b) show the amounts of flavor
151 (cinnamaldehyde) remaining in the
152 spray dried sample (PVP) against
153 the inlet hot air temperature and
154 feed flow rate, respectively. A
155 high flavor retention (~75%) is
156 maintained in the range of inlet hot
157 air temperatures from 130°C to
158 160°C. At the lower (120°C) and
159 higher inlet temperatures of inlet hot
160 air (180°C), the insufficient drying
161 and excessive heating may cause the
162 dried samples to collapse,
163 respectively, resulting in
164 comparatively low flavor retention

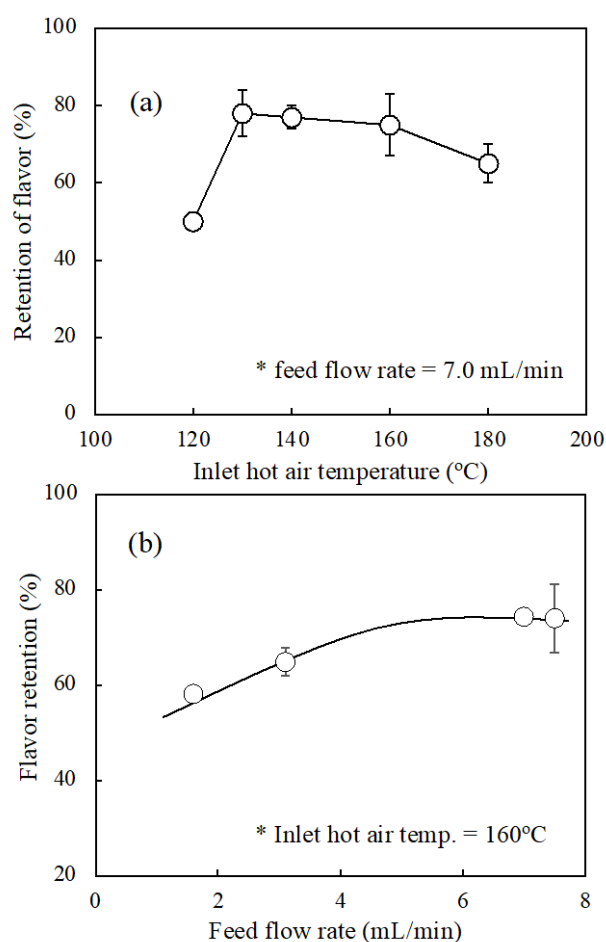


Figure 2. Retention of flavor after spray-drying as a function of (a) inlet temperature of hot air and (b) feed flow rate. As a flavor and carrier forming material, cinnamaldehyde (10 mg/mL) and PVP (100 mg/mL) were used, respectively.

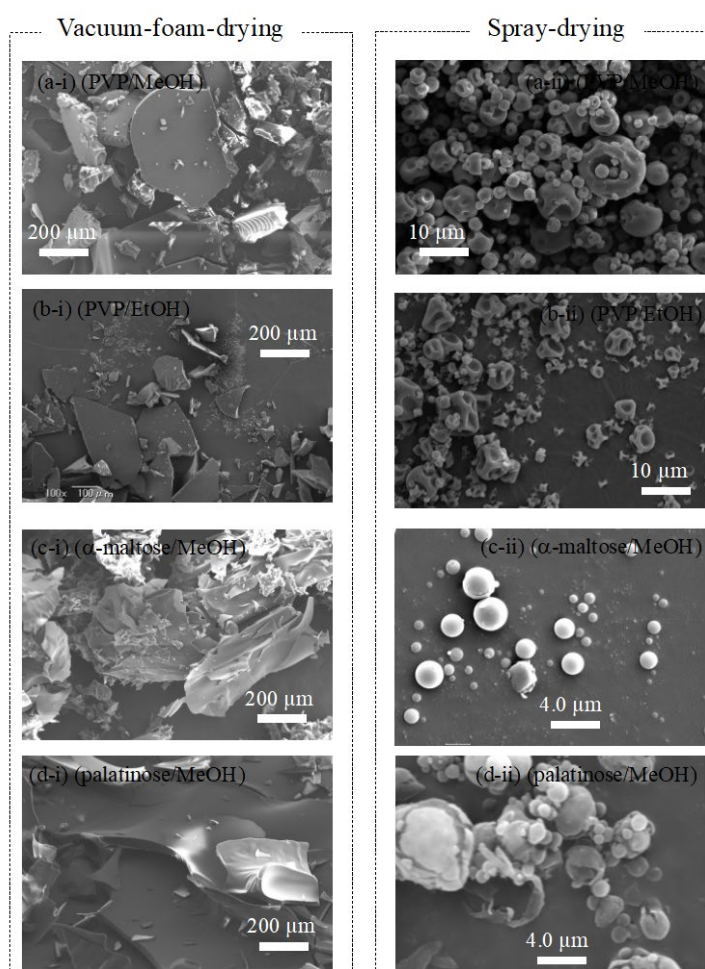
165 (Fig. 2(a)). On the other hand, as shown in Figure 2(b), flavor retention reaches a
166 maximum at a rate of around 6 mL/min. Based on these findings, we employed an inlet
167 hot air temperature of 160°C and a feeding flow rate of 7.0 mL/min for the spray-drying.

168 In this study, vacuum-foam-drying and conventional spray drying were employed as
169 drying methods. On the other hand, in the research field of drying technology, various
170 drying methods for the flavor encapsulation have been developed. Some of them, such
171 as heat pump drying,^[32,33] electrohydrodynamic drying,^[34] and vacuum drying in
172 combination with microwave,^[35,36] may bring an improvement in the ASD-based flavor
173 powderization technique. In the future study, we will explore the other drying methods
174 in order to truly optimize the manufacturing process for the ASD of flavor.

175

176 3.2. Flavor retention after vacuum-foam- and spray-drying

177 In order to test the applicability of the employed
178 drying conditions, the alcohol solution solely
179 containing PVP or disaccharide (α -maltose or
180 palatinose) were vacuum-foam- or spray-dried under
181 the above-determined conditions and then analyzed
182 for the remaining solvent amounts, the glass-transition
183 temperatures (T_g) (Table S1) and the SEM images (Figs.
184 S1). As shown in Table S1, the remaining solvent
185 amounts of vacuum-foam- and spray-dried PVP were
186 below 0.01 g-solvent/g-dry matter. On the other hand,
187 the methanol spray-dried



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Fig. S1. SEM images of PVP (2.5k), α -maltose, and palatinose, vacuum-foam dried or spray-dried from alcohol (MeOH, EtOH) solutions. The drying conditions were those determined in this study (Sections 3.1.1 and 3.1.2)

198 amorphous disaccharides exhibited markedly high remaining solvent amount (0.05~0.10
 199 g-solvent/g-dry matter), which resulted in much lower T_g values than that of the PVP
 200 alone samples (Table S1). Especially, the markedly low T_g value of the methanol spray-
 201 dried palatinose sample (-2°C) caused the aggregation and fusion of the sample particles
 202 as shown by the SEM image (Fig. S1(d-ii)). Hence, in this study, only a limited number
 203 of the disaccharide-based ASD samples were prepared by spray-drying for the
 204 comparison.

205

206 **Table S1. Remaining solvent amounts and glass-transition temperatures (T_g) of**
 207 **alcohol-dried amorphous PVP and disaccharides (α -maltose, palatinose)**
 208 **immediately after drying. The methanol or ethanol solution containing solely**
 209 **PVP or disaccharides were vacuum-foam- or spray dried under the conditions**
 210 **determined in this study (Sections 3.1 and 3.2).**

solute	solvent	drying method	remaining solvent amount ^a (g/g-dry matter)	T_g (°C)
PVP	methanol	vacuum-foam-drying	0.0070±0.0005	132±6
		spray-drying	0.0066±0.0004	131±6
	ethanol	vacuum-foam-drying	0.0091±0.0004	124±9
		spray-drying	0.0063±0.0005	125±8
α -maltose	methanol	vacuum-foam-drying	>0.002 ^b	39±1 ^[37]
		spray-drying	0.043±0.005	52±2
palatinose	methanol	vacuum-foam-drying	>0.002 ^b	17±5 ^[38]
		spray-drying	0.080±0.02	-2±2

211 ^a determined by measuring the mass before and after being absolutely drying in a dry
 212 oven at 130°C for 24 h.

213 ^b extrapolated from the drying profiles of methanol solution containing disaccharide
 214 during vacuum-foam-drying^[37]

215

216 The methanol solutions of different combinations of flavoring and carrier substances
 217 were dried under the above determined drying conditions and the degree of flavor
 218 retention was then measured (Table 2). As shown in Table 2, irrespective of the flavor
 219 type or the drying method (vacuum-foam- or spray-drying), a markedly high retention of
 220 flavor against loss during the drying process was observed when PVP was used as a
 221 carrier-forming material. Vacuum-foam-drying is superior to spray-drying in terms of
 222 flavor retention for all the combinations of flavor and carrier substances that were tested

223 (Table 2), probably because of the much lower sample temperature that was used in the
 224 vacuum-foam-drying than that in the spray-drying.

225 In the field of pharmaceutical sciences, it has been reported that the stability of the
 226 ASD against the segregation of hydrophobic drug component is largely attributed to the
 227 miscibility between the hydrophobic drug and the carrier material.^[39,40] On the other
 228 hand, considering that PVP is an amphiphilic polymer having both hydrophilic and
 229 hydrophobic moieties, a hydrophobic flavor would naturally be more miscible in
 230 amorphous PVP matrix than in amorphous sugar matrix. This is considered to be the
 231 reason for the greater flavor retention in the PVP-based ASD than in the disaccharide-
 232 based one, as shown in Table 2.

233 Table 2 include the results for the samples that had been emulsified and then (freeze-
 234 or spray-)dried in the presence of a carrier-forming material (α -maltose or dextran). A
 235 freeze-dried O/W emulsion sample exhibited approximately 40% retention
 236 (cinnamaldehyde) when Tween 20 and α -maltose were used as the surfactant and the

Table 2. Remaining amount of flavor (retention) after drying in the presence of different carriers. Three different drying methods, namely spray drying (SD), vacuum-foam drying (VFD), and freeze drying (FD) were employed. Alternatively, the flavor oil was emulsified with the sucrose ester M-1695 and then dried in the presence of the carrier sugar. The retention values are relative values to the flavor amount before drying.

flavor	drying method	carrier	retention (%)	
cinnamaldehyde	SD	PVP	74±7	
		α -maltose	60±7	
		palatinose	71±4	
	VFD	PVP	86±5	
		α -maltose	62±5 (94±5 ^a)	
		palatinose	64±5	
		trehalose	54±2	
		sucrose	59±9	
		α -maltose	32±2	
		dextran	33±2	
cinnamaldehyde (O/W emulsion)	FD	α -maltose	21±5 (46±14 ^a)	
		dextran	11±2	
carvacrol	VFD	PVP	80±5	
		α -maltose	56±3	
		palatinose	60±6	
		trehalose	51±8	
		sucrose	44±4	
menthol	SD	PVP	43±2	
	VFD	PVP	78±5	
		α -maltose	55±2	
		palatinose	43±3	
citral	VFD	trehalose	40±3	
		sucrose	42±5	
		maltitol	35±8	
	SD	PVP	53±9	
		VFD	PVP	81±3
			α -maltose	49±2
			palatinose	54±3
			trehalose	38±3
			sucrose	37±8
			maltitol	33±7
	SD	PVP	41±4	
		VFD	PVP	78±8
α -maltose			70±4	
palatinose			64±10	
trehalose			61±5	
sucrose			55±4	
maltitol	54±12			
eugenol	SD	PVP	38±6	
		PVP	77±6	
	VFD	α -maltose	91±9	
		palatinose	95±8	
		trehalose	94±14	
		sucrose	92±3	
raspberry ketone	SD	PVP	38±6	
		PVP	77±6	
	VFD	α -maltose	91±9	
		palatinose	95±8	
		trehalose	94±14	
		sucrose	92±3	

^a obtained in our previous setup [Satoh et al., 2016]

237 carrier forming material (Table 2). However, samples prepared using a O/W emulsion
238 tended to be poorer in flavor retention during drying than the ASD samples.

239 Our previous attempt to apply ASD to flavor powderization^[14] employed vacuum
240 foam drying^[18] and its superiority to the conventional emulsification-based-technique
241 was demonstrated, which is consistent with the above-described findings. However, the
242 measured degrees of flavor retention in the vacuum-foam-dried ASD samples in this
243 study was frequently found to be significantly lower than those in our previous study.^[14]
244 This can be attributed to the decrease in the degree of vacuum during vacuum (foam)
245 drying as the result of replacing the drying setup (~133 Pa (Sato et al., 2016) → ~2,000
246 Pa), although the detailed mechanism responsible for this is not clear.

247 When different types of disaccharides were compared, α -maltose and palatinose
248 exhibited a greater flavor retention (in vacuum foam drying) than the other two, as shown
249 in Table 2. This can be attributed to the fact that amorphized α -maltose and palatinose
250 are stably dissolved in methanol while trehalose and sucrose may have segregated or even
251 partially precipitated before being dried.^[38]

252 Table 2 indicates that anethole and citral are slightly less retained in the amorphous
253 sugar based solid dispersions than the other flavors, probably because of their inherently
254 high volatility (Table 1). The degree of retention of eugenol in the PVP-based ASD
255 samples is markedly different between vacuum foaming (~78%) and spray drying (~41%),
256 suggesting that the compatibility of eugenol with PVP may be altered slightly with the
257 temperature used in the drying process. On the other hand, raspberry ketone was almost
258 fully retained by the vacuum foam dried (amorphous) sugar, which is greater than in the
259 case of the vacuum foam dried PVP-based ASD (Table 2). Judging from the high
260 melting point of the raspberry ketone (~83°C),^[41] raspberry ketone molecules may have
261 completely crystallized during the vacuum foam drying and thus lose its volatility,
262 resulting in completely avoiding dissipation (Table 2).

263

264 3.3. Storage stability of vacuum foam and spray dried ASD of flavors

265 Figure 3 provides information on the time courses for the remaining amounts of
266 flavoring substance in the ASD samples for the different drying method and carrier
267 forming material. As shown in Fig. 3, the PVP-based ASDs, prepared either by
268 vacuum-foam- or spray-drying, usually show a substantial flavor loss at the early stage
269 of storage (1~3 days) and the dissipation then slows with further storage. The total

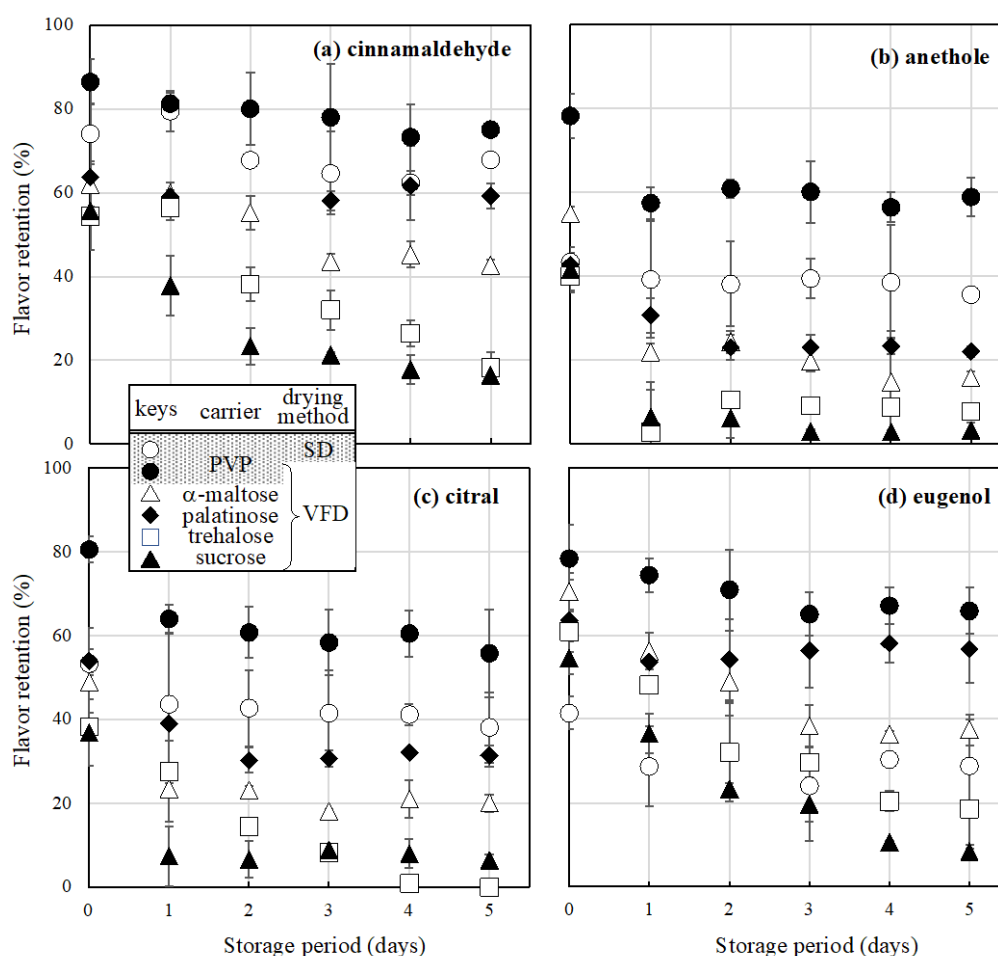


Figure 3. Loss of flavors from ASD samples during storage under a vacuum at 25°C. The initial concentrations of flavor and carrier forming material were 10 mg/mL and 100 mg/mL, respectively.

270 flavor loss from the PVP-based ASDs after 5-day storage is, at most, ~20% (for anethole
 271 and citral), irrespective of whether vacuum foam or spray drying were used. The
 272 vacuum foam dried α -maltose- and palatinose-based ASDs also showed a flavor loss of
 273 no more than 20% during storage (Figs. 3). These findings demonstrate that ASD-based
 274 flavor powderization is effective in terms of storage stability as well as the retention
 275 against drying.

276 The time course for flavor loss during storage for the sample prepared through the
 277 freeze-drying of the O/W emulsion, are also shown in Fig. S2, which shows that the
 278 amount of flavor remaining during storage is nearly constant. This indicates that the
 279 emulsification-based powderization of a flavor also has the merit of being retained during
 280 storage.

281 On the other hand, the sucrose- and trehalose-based ASD samples lose significant
 282 amounts of flavor during storage, as shown in Figs. 3 (closed triangles and open squares).

283 According to the DSC
284 analyses, these ASD samples
285 were found largely
286 crystallize during storage
287 (Fig. S3), which would result
288 in significant flavor loss as
289 shown in Figs. 3.

291 3.4. Influences of flavor 292 content and solvent type

293 In this study, the
294 influence of solvent type
295 (methanol or ethanol) and the
296 initially amount of flavor
297 loaded on flavor retention by
298 the ASD-based technique
299 was also investigated. In

300 these investigations, PVP was used as a carrier forming material, judging from its superior
301 flavor retention ability, as shown above. Figure 4 shows the flavor retention results
302 (before and after 5-days of storage) for the flavor ASD samples, solvent used as well as
303 in the flavor content. As shown in Fig. 4, the use of ethanol resulted in lower flavor
304 retention after drying (open bars) than that of methanol, irrespective of the drying method
305 or flavor type. This may be ascribed to the lower volatility of ethanol compared to
306 methanol. Namely, during drying, the solvent, having a greater volatility, would
307 evaporate more preferentially to the flavor component, resulting in greater avoidance of
308 flavor loss.

309 The increase in the initial amount of flavor loaded tended to lower flavor retention at
310 the time point immediately after spray drying (Figs. 4(a-ASD)), which is more significant
311 when methanol is used as the solvent. In addition, regarding the vacuum foam dried
312 ASDs (Figs. 4(a~d-VFD)), the decrease in flavor retention with increasing the initial
313 amount of flavor loaded is less significant in the case of ethanol as a solvent than in the
314 case of methanol. The ethanol-vacuum foam dried ASDs showed a comparatively
315 significant loss of flavor during the drying, probably resulting in a decrease in flavor

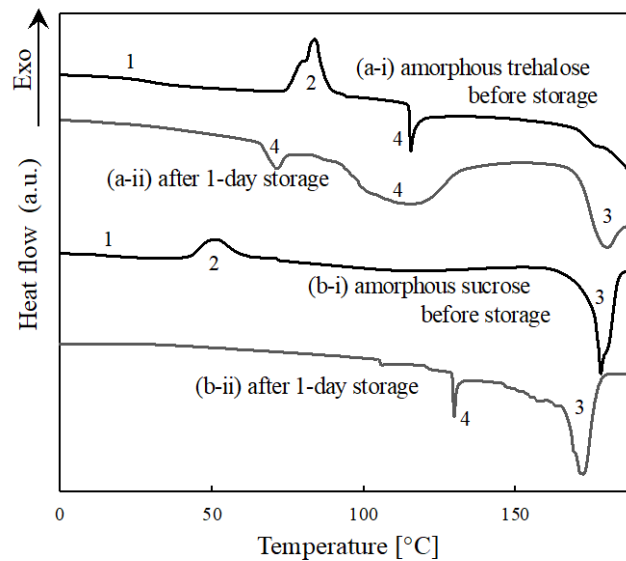


Figure S3. DSC thermograms of vacuum-foam-dried amorphous (a-i,ii) trehalose and (b-i,ii) sucrose samples, immediately after drying (solid lines) and after a 1-day storage under a vacuum (grey lines). Cinnamaldehyde was used as a flavor, at an initial concentration was 10 mg/mL. Numbers 1~3 in the graph denote the glass-to-rubber transition, crystallization, and melting of crystal respectively. The endothermic peaks, indicated by 4, likely represent the dissipation of flavor from the crystallized phase of the sugars.

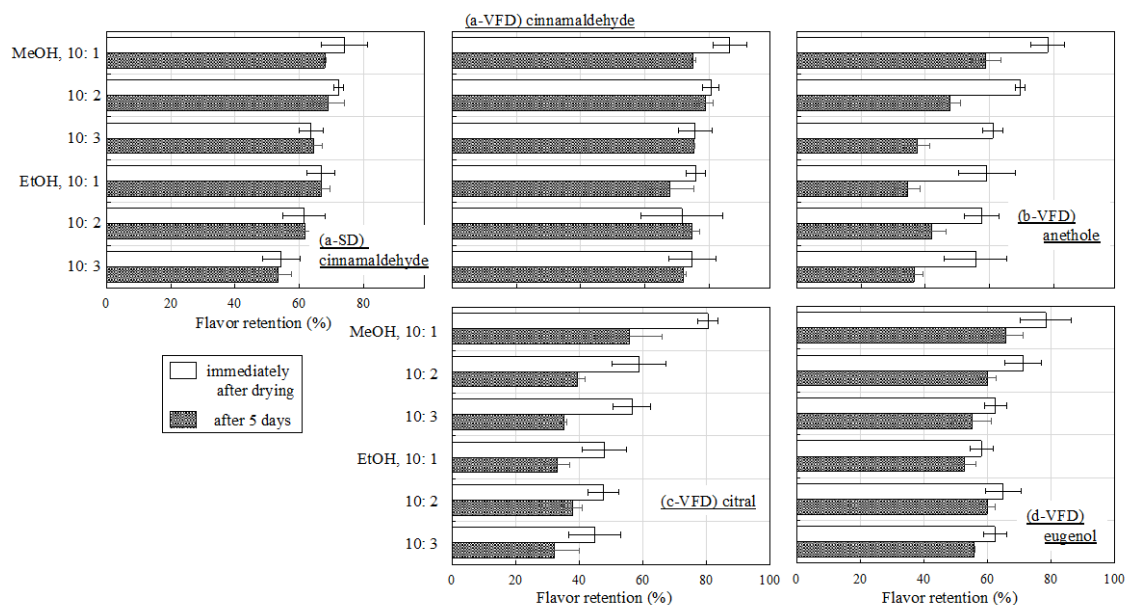


Figure 4. Retention of flavors in PVP-based ASD samples that had been dried from methanol or ethanol before (immediately after drying) and after 5-days of storage under a vacuum at 25°C. The initial concentration of flavor was 10, 20, or 30 mg/mL, the PVP concentration was 100 mg/mL. Spray- and vacuum-foam-dryings were employed as drying methods.

316 retention with increasing amount of initially loaded flavor relative to that for the
 317 methanol-vacuum foam dried ones (Figs. 4(a~d-VFD)).

318 On the other hand, storage-induced flavor loss appears to be more significant with
 319 increased drying-induced loss, as shown in Figs. 4. Namely, cinnamaldehyde shows a
 320 comparatively small loss both immediately after drying and after 5 days of storage,
 321 irrespective of spray- (Fig. 4(a-SD)) or vacuum-foam-drying (Fig. 4(a-VFD)); Whereas
 322 anethole and citral exhibit significant loss both due to vacuum foam drying and (5 days)
 323 storage, independently of the initially loaded amount and solvent type (Figs. 4(b, c-VFD)).
 324 These findings suggest that the inherent volatilities of the flavors (Table 1) are the major
 325 determinant of flavor retention during storage (Figs. 4) as well as during drying (Table
 326 2).

327

328 4. Conclusion

329

330 This study investigated the possible use of the amorphous solid dispersion (ASD)
 331 technique for the powderization of flavoring substances, in which several types of model
 332 flavors were powderized together with a carrier forming material by vacuum foam or
 333 spray drying from methanol. Amphiphilic polyvinylpyrrolidone (PVP, MW ~24,500)
 334 and four types of disaccharides were used as model carrier forming material. Under the
 335 optimal drying conditions that were determined, ASDs of flavoring substances were
 336 prepared using different combinations and compositions of flavor and carrier substances

337 as well as different solvents (ethanol) and their flavor retention was compared after the
338 preparation of the sample (drying) and storage. The results demonstrate that ~~flavor loss~~
339 ~~during powderization (drying) and storage can be largely avoided when vacuum foam~~
340 ~~drying in the presence of PVP is conducted.~~ Spray drying in the presence of PVP as a
341 carrier substance and vacuum foam drying in the presence of α -maltose or palatinose
342 also showed greater flavor retention during the drying processes and storage than O/W
343 emulsification-based powderization. Furthermore, a more volatile flavor was more
344 likely to be lost during drying and storage, and the flavor loss tended to be more
345 significant with an increase in the initial amount of loaded flavor, which was more
346 significant for methanol than for ethanol. Consequently, considering these collective
347 findings, ASD-based flavor powderization appears to have the potential for serving as an
348 alternative methodology. Especially, vacuum-foam-drying in the presence of PVP
349 could significantly prevent the flavor loss during powderization (drying) and storage.

350

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352

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489

490 **Figure Legends**

491

492 Figure 1. Probabilities of foaming induction by needle stimulation in secondary vacuum
493 drying (a) and the retention of flavor after the secondary drying (b) as a function of the
494 period of initial drying. Methanol and cinnamaldehyde were used as the solvent and the
495 flavor. The initial concentrations of flavor and carrier forming material were 10 mg/mL
496 and 100 mg/mL, respectively.

497 ^a Fujioka et al., 2022^[19]

498

499 Figure 2. Retention of flavor after spray-drying as a function of (a) inlet temperature of
500 hot air and (b) feed flow rate. As a flavor and carrier forming material, cinnamaldehyde
501 (10 mg/mL) and PVP (100 mg/mL) were used, respectively.

502

503 Figure 3. Loss of flavors from ASD samples during storage under a vacuum at 25°C.
504 The initial concentrations of flavor and carrier forming material were 10 mg/mL and 100
505 mg/mL, respectively.

506

507 Figure 4. Retention of flavors in PVP-based ASD samples that had been dried from
508 methanol or ethanol before (immediately after drying) and after 5-days of storage under
509 a vacuum at 25°C. The initial concentration of flavor was 10, 20, or 30 mg/mL, the PVP
510 concentration was 100 mg/mL. Spray- and vacuum-foam-dryings were employed as
511 drying methods.

512

513 Fig. S1. SEM images of PVP (2.5k), α -maltose, and palatinose, vacuum-foam dried or
514 spray-dried from alcohol (methanol, ethanol) solutions. The drying conditions were
515 those determined in this study (Sections 3.1.1 and 3.1.2)

516

517 Figure S2. Loss of flavor (cinnamaldehyde) from samples prepared from an O/W
518 emulsion during storage under a vacuum at 25°C. The results for ASD samples are also
519 shown with lines for comparison.

520 ^a in this study (Fig. 3(a)); ^b Satoh et al., 2016^[14]

521

522 Figure S3. DSC thermograms of vacuum-foam-dried amorphous (a-i,ii) trehalose and (b-
523 i,ii) sucrose samples, immediately after drying (solid lines) and after a 1-day storage
524 under a vacuum (grey lines). Cinnamaldehyde was used as a flavor, at an initial
525 concentration was 10 mg/mL. Numbers 1~3 in the graph denote the glass-to-rubber
526 transition, crystallization, and melting of crystal respectively. The endothermic peaks,
527 indicated by 4, likely represent the dissipation of flavor from the crystallized
528 phase of the sugars.