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**Cholera toxin production by El Tor variant of *Vibrio cholerae* O1 as compared to
prototype El Tor and classical biotypes**

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34 Abstract

35 *Vibrio cholerae* O1 El Tor variant strains produced much more cholera toxin than
36 that produced by prototype El Tor strains. The amount of cholera toxin produced by El
37 Tor variant strains both *in vitro* and *in vivo* was more or less equivalent to that produced
38 by classical strains.

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41 *Vibrio cholerae* O1 is classified into classical and El Tor biotypes. Among other
42 genetic, biochemical and physiological differences, each biotype has unique gene
43 sequences encoding cholera toxin B subunit (CTB), that is, classical *ctxB* and El Tor
44 *ctxB*. Besides these two prototype biotypes of *V. cholerae* O1, Nair *et al.* (9) in 2002 in
45 Bangladesh isolated strains that possess phenotypic properties of both classical and El
46 Tor biotype carrying classical *ctxB*. The same group also isolated El Tor strains that had
47 classical *ctxB* (10). For these new types of strains of *V. cholerae* O1, we have recently
48 proposed the designation of hybrid and El Tor variants, respectively (13). Subsequent to
49 the isolation of El Tor variant in Bangladesh by Nair *et al.* (10), El Tor variant strains
50 were isolated from several countries and areas in Asia and Africa (1, 11, 15-18). In
51 Kolkata, India, we showed that El Tor variant strains appeared in 1990 and a complete
52 replacement of prototype El Tor strains by El Tor variant strains occurred since 1995
53 (14).

54 In this study, we investigated the amount of cholera toxin (CT) produced both *in vitro*
55 and *in vivo* by *V. cholerae* O1 El Tor variant strains isolated in Kolkata during a period
56 from 1996 to 2007. It was found that El Tor variant strains produced much higher
57 amount of CT than prototype El Tor strains and that the amount of CT produced by El
58 Tor variant strains was more or less equivalent to that produced by classical strains.

59 *V. cholerae* O1 strains used in this study are listed in Table 1. AKI (3) and Syncase
60 medium (2) were used for culturing the test strains. The rationale for selecting these
61 media was that AKI preferentially supports the production of El Tor CT (3) while
62 Syncase medium is reported to be the best medium supporting the production of CT by
63 classical biotype (2). Measurement of CT concentration produced by *V. cholerae* O1
64 strain was carried out as follows. Each strain was cultured either in AKI medium at
65 37°C for 20 hours without shaking or in Syncase medium at 37°C for 20 hours with
66 shaking, and OD of the culture was measured at 600 nm. After centrifugation, the

67 supernatants were collected and the concentration of CT (ng/ml/OD₆₀₀) in the samples
68 was measured by bead-ELISA. The method of the bead-ELISA employed was
69 essentially as described by Oku *et al.* (12). In brief, a polystyrene bead (6.5 mm in
70 diameter) was coated with anti-CT IgG and used as a solid phase. The coated bead was
71 first incubated with the sample, and then incubated with anti-CT IgG (Fab')-horseradish
72 peroxidase conjugate. Peroxidase activity was determined colorimetrically with 3, 3', 5,
73 5'-tetramethylbenzidine as the substrate. The absorbance at 450 nm (OD₄₅₀) was linear
74 between 0 and 0.5 that represented CT concentration of 0 – 20 ng/ml. The sample
75 prepared as described above (the supernatant of the culture of the strain) was
76 appropriately diluted so that the OD₄₅₀ fell in the range of 0.1 and 0.5 and the amount of
77 CT produced by the strain was expressed by ng/ml/OD₆₀₀.

78 Rabbit ileal loop test was carried out essentially as described by Koley *et al.* (7). Eight
79 intestinal loops of about 10 cm, separated by uninoculated segments of 1-2 cm, were
80 prepared in each animal. Test loops were inoculated with 1 ml of bacterial suspension
81 containing approximately 10⁹ cells. Negative control loops were inoculated with 1 ml of
82 phosphate buffered saline. The loops were replaced in the peritoneal cavity and the
83 cavity was closed. After about 20 hours the animal was sacrificed by intravenous
84 injection of sodium pentobarbital and the loops were taken out. The volume of the
85 accumulated fluid in ml and the length of the loop in cm were measured and the extent
86 of the fluid accumulation (FA) was expressed by ml/cm.

87 All 19 strains of *V. cholerae* O1 El Tor variant belonged to the El Tor biotype as
88 evident from phenotypic traits such as resistance to 50 units of polymyxin B and
89 positive Voges-Proskauer test (19). All harbored El Tor biotype specific alleles of *tcpA*
90 and *rstR* when examined as described (5, 6). The *ctxB* gene of all strains was of
91 classical type by mismatch amplification mutation assay (MAMA)-PCR carried out as
92 described by Morita *et al.* (8). Further, the CTB produced by all strains was confirmed
93 to be the classical type by Western blotting by using monoclonal antibody against either
94 classical CTB or El Tor CTB, which was prepared by immunizing rats with synthesized
95 peptide (either NTQIYTLNDKC for El Tor CTB and NTQIHTLNDKC for classical
96 CTB). Approximately 50-100 ng of CT (measured by bead ELISA) in the culture
97 supernatant of each strain were analyzed. The result of the Western blotting of a
98 representative strain (strain AM157) is shown in Fig. 1.

99 Fig. 2 shows the distribution of the amount of CT produced by strains examined.

100 Each strain of El Tor variant, prototype El Tor and classical biotype was cultured in 2
101 ml of AKI medium in 10 ml test tube at 37°C for 20 hours without shaking, the
102 supernatant of the culture was collected by centrifugation and was measured to
103 determine the amount of CT by the bead-ELISA. It was found that most strains of El
104 Tor variant produced much more CT than most strains of prototype El Tor strains. All
105 19 El Tor variant strains produced more than 1,000 ng/ml/OD₆₀₀ of CT and among them
106 5 strains (AM157, 06-049, IDH60, BD200 and 06-098) produced more than 2,500
107 ng/ml/OD₆₀₀, the highest (strain AM157) producing 4,656 ng/ml/OD₆₀₀. The amount of
108 CT produced varied, but was not related to the year of the isolation. Among 11 El Tor
109 strains, 8 strains (V113, VC60, M14716, V7, VC64, V54, V24, V32) produced less than
110 100 ng/ml/OD₆₀₀, and among them 3 strains (V54, V24, V32) produced less than 20
111 ng/ml/OD₆₀₀. Rest of the strains (N16961, V100, V114) produced more than 100
112 ng/ml/OD₆₀₀ and the standard strain N16961 produced the highest amount (345
113 ng/ml/OD₆₀₀). All 7 classical strains produced more than 900 ng/ml/OD₆₀₀ and 2 of them
114 (L362 and GP15) more than 2,000 ng/ml/OD₆₀₀, the highest being L362 (3,028
115 ng/ml/OD₆₀₀).

116 The amount of CT produced was measured during the growth of the strains in AKI
117 medium with the representative strains of El Tor variant, prototype El Tor and classical
118 biotype and it was found that the difference of the amount of CT produced among these
119 3 biotypes were observed from the beginning of the growth (early logarithmic phase) till
120 the late stationary phase (data not shown).

121 Table 2 shows the mean CT amount produced by the strains of different biotypes with
122 standard deviations. The amount of CT produced by El Tor variant strains was about 20
123 times more than that produced by prototype El Tor strains, and it was more or less
124 equivalent to that produced by classical strains. A difference of the CT production
125 between El Tor variant strains and prototype El Tor strains was statistically analyzed by
126 Microsoft Excel 2004 for Mac, the p-value being <0.05.

127 CT production by strains of El Tor variant, El Tor and classical biotype were also
128 examined when they were cultured in Syncase medium (2 ml in 10 ml test tube) at 37°C
129 for 20 hours with shaking. As shown in Table 2, although the amount of CT produced in
130 Syncase medium was much less than those produced in AKI medium, El Tor variant
131 strains produced much more CT than that produced by El Tor strains, and more or less
132 equivalent to that produced by classical strains. The p-value of the difference of the

133 amount produced between El Tor variant strains and prototype El Tor strains analyzed
134 by Microsoft Excel 2004 for Mac was <0.05.

135 Ileal loop test was performed with a representative strain of El Tor variant (strain
136 NLC41 producing 1,606 ng/ml/OD₆₀₀ in AKI medium) together with representative
137 strains of El Tor biotype (VC60 producing 60 ng/ml/OD₆₀₀ in AKI medium) and
138 classical biotype (L362 producing 3,028 ng/ml/OD₆₀₀ in AKI medium). As shown in
139 Table 3, FA ratio of the El Tor variant NLC41 was almost the same to that of classical
140 strain L362. On the other hand, El Tor strain VC60 did not cause measurable fluid
141 accumulation. This is most probably number of inoculated cells were not enough.
142 Number of *V. cholerae* in the accumulated fluid (cfu/ml) and the amount of CT in the
143 loop (ng/ml and ng/cfu) were also measured, showing that the El Tor variant strain grew
144 better than the classical strain in the loop, thus the amount of CT in the loop inoculated
145 with El Tor variant strain was higher than that with the classical strain. Measurement of
146 cfu/ml of the accumulated fluid of the prototype of El Tor strains was not possible as no
147 fluid accumulation occurred.

148 It is known that clinical manifestation of cholera caused by classical strains is more
149 severe than that caused by prototype El Tor strains (4). Although a definite evidence to
150 explain this is still not available, it has been hypothesized that a significant difference
151 between the amounts of CT produced by these two biotype strains may reflect severity
152 of clinical manifestation. If we would accept the above hypothesis, a recent report by
153 World Health Organization (20) that *V. cholerae* El Tor variant causes more severe
154 episodes of cholera with higher case fatality rates might be explained by the results
155 reported in this paper. However, Siddique *et al.* (16) reported that although El Tor
156 variant strains appeared in 1998 in Bangladesh, severity of cholera became evident
157 since around 2006. Therefore they concluded that it is not clear whether the observed
158 higher proportion of severe dehydration is due to El Tor variants. Further study is
159 needed to elucidate the role of CT produced by El Tor variant strains in the clinical
160 manifestation in its infection.

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166 **References**

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251 **Legend to Figures**

252

253 Fig. 1. A result of Western blotting of the culture supernatant of a representative strain of
254 El Tor variant biotype. Lane 1 and 6: 100 ng of the purified classical CT; Lane 2 and 7:
255 100 ng of the purified El Tor CT; Lane 3 and 8: sample of El Tor variant strain AM157;
256 Lane 4 and 9; sample of El Tor strain N16961; Lane 5 and 10; sample of classical strain
257 L362. Panel A: results with the monoclonal antibody against classical CTB; Panel B:
258 results with the monoclonal antibody against El Tor CTB.

259

260 Fig. 2. Amount of CT produced by various biotypes of *V. cholerae* O1. Each circle
261 represents an average of 4 determinations.

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263 Table 1. *V. cholerae* O1 strains used.

<p>El Tor variant^a</p> <p>AM157 (1996)^b, 06-049 (2006), IDH60 (2007), BD200 (2002), 06-098 (2006), CRC220 (2000), AM168 (1996), DO2669 (1998), NLC96 (1999), CRC17 (2000), AM352 (1997), NLC41 (1999), NLC49 (1999), D26942 (1998), SC32 (2003), G27875 (2001), IDH32 (2007), SC216 (2003), NLC8 (1999)</p>
<p>El Tor^a</p> <p>N16961, V100, V114, V113, VC60, M14716, V7, VC64, V54, V24, V32</p>
<p>Classical^a</p> <p>L362, GP15, GP8, GP148, GP147, 569B, GP145</p>

264 ^aStrains used are listed in the order of the CT production (from high to low).

265 ^bThe year of the isolation is in parenthesis.

266

267 Table 2. Comparison of the amount of CT produced by strains of various biotypes of *V.*
 268 *cholerae* O1^a.

Culture medium	CT concentration (ng/ml/OD ₆₀₀)		
	El Tor variant	El Tor	Classical
AKI	2044.1 ± 966.8	91.3 ± 104.6	1664.4 ± 782.0
Syncase	81.3 ± 147.2	4.5 ± 3.7 ^b	114.7 ± 188.8

269 ^aStrains examined were as listed in Table 1 unless indicated.

270 ^bOnly 5 strain of El Tor biotype (N16961, V113, VC64, VC60, V24) grew in Syncase
 271 medium cultured at 37°C with shaking.

272

273 Table 3. Results of rabbit ileal loop test^a.

Biotype	Strain	FA (ml/cm) ^a	CFU/ml ^b	CT (ng/ml) ^a	CT (ng/CFU)
El Tor variant	NLC41	0.90 ± 0.29	1.0 x 10 ⁹	1006	1.006 x 10 ⁻⁶
El Tor	VC60	0	- ^c	-	-
Classical	L362	0.83 ± 0.38	1.6 x 10 ⁸	17.5	1.09 x 10 ⁻⁷

274 ^a An average of 4 determinations (2 loops each in 2 rabbits). Statystical analysis was
275 performed by Microsoft Excel 2004 for Mac.

276 ^b An average of 2 determinations (2 loops of 1 representative rabbit)

277 ^c Not applicable as no fluid accumulation occurred.

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279 Fig. 1

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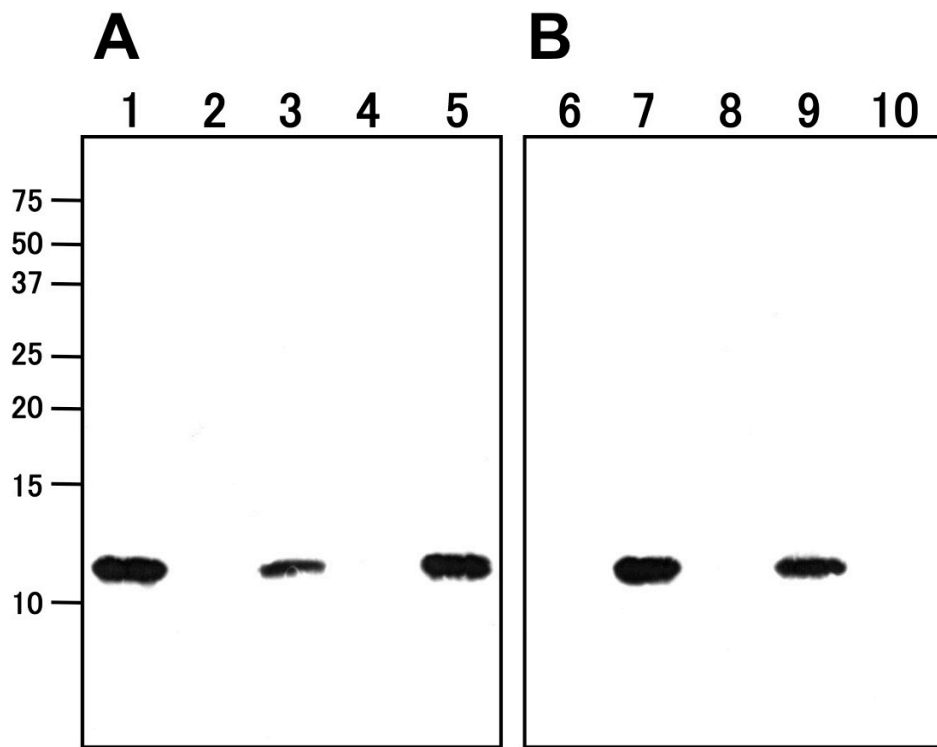
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296 Fig. 2

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